



First Aid Fast

COURSE OVERVIEW

First Aid Fast, powered by Australian First Aid represents a fresh new approach to First Aid learning.

First Aid Fast is a more simple way to learn, in a fun and informal environment, providing new life saving skills.

The course will focus on key principles of First Aid, and will be delivered in approximately 3 hours. Everyone enrolled will be given hands on training.

First Aid Fast is all about totally flexibility with learning, ensuring the community feels empowered with better access to life saving skills and information via our unique technologies.

No tests – No pre-course work!

PRICE \$60 per person!!!

\$150 per family (2 adults 2 children less than 16yrs old)

Topics covered include:

- 1 . CPR/Defibrillation
 - 2 . Drowning
 - 3 . Choking
 - 4 . Seizures
 - 5 . Asthma/Allergies
 - 6 . Bleeding and Bandages
 - 7 . Sprains, Strains and Fractures
 - 8 . Concussion
 - 9 . Burns
- Q & A on other topics when time permits

What you receive:

- Fully customised program to suit your groups needs
- 3 hours of life saving training, learning new skills that could save a life
- First Aid Fast Flip Chart
- Key ring face shield

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