

## HLTAID001 Provide cardiopulmonary resuscitation VU21800 Provide first aid management of anaphylaxis

### Application and Relevance

This course applies to a wide range of settings where emergencies involving allergic reaction or cardiac arrest may occur. It is relevant for people working in childcare, education, aged and community care, tourism, hospitality and other workplace and community settings.

**Course Currency Status:** both units in this course are current

### Duration

Pre-learning up to 1 hour and 15 minutes, followed by  
Face-to-face training and assessment 2.5 hours.

### Course Content

This course includes two units.

HLTAID001 Provide cardiopulmonary resuscitation includes:

- + Assessing a cardiac emergency situation
- + Airway and breathing management
- + Resuscitation techniques
- + Using a defibrillator (AED)

VU21800 Provide first aid management of anaphylaxis includes:

- + Triggers, signs and symptoms of mild to moderate allergic reactions and anaphylaxis
- + Emergency response to anaphylaxis, including ASCIA action plans.
- + Use of adrenaline autoinjector devices
- + Communicating details to emergency services and incident reporting procedures
- + Evaluating the response to an anaphylaxis incident

### Entry Requirements

For this refresher program, current Statements of Attainment for the above units (less than 12 months from date of issue) are required. Participants will also need the ability to meet the physical demands of providing resuscitation.

### Assessment Methods

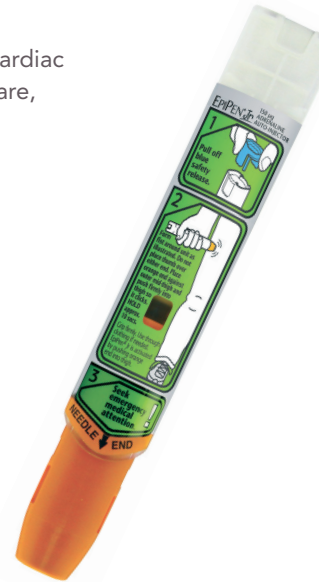
Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.  
Note that the provision of CPR must be demonstrated on the floor.

### Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

### Further Info

Please refer to the Student Handbook for additional information.



## HLTAID001 Provide cardiopulmonary resuscitation

### Application and Relevance

This course applies to a wide range of settings where emergencies involving cardiac arrest may occur. It is relevant for people working in education, aged and community care, sport, travel and tourism, hospitality, industry enterprises and other workplace and community settings.

**Course Currency Status:** current

### Duration

- 3 hours face-to-face classroom/workplace training and assessment, OR
- 2 hours face-to-face classroom/workplace training and assessment with 1 hour of online/workbook pre-work

### Course Content

This course provides the skills and knowledge to be able to handle cardiac emergency situations. It includes:

- + Introduction to first aid principles
- + Assessing a cardiac emergency situation
- + Airway and breathing management
- + Performing chest compressions
- + Administering rescue breaths
- + Resuscitation techniques
- + Using a defibrillator (AED)

### Entry Requirements

There are no prerequisite units. Participants will need the ability to meet the physical demands of providing resuscitation. Participants will also need oral communication skills to make an accurate verbal report to emergency services and workplace supervisor. Prior to the start of face-to-face practical training, there may be a short knowledge quiz to check language, literacy and numeracy skills, as required.

### Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge. Note that the provision of CPR must be demonstrated on the floor.

### Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

### Further Info

Please refer to the Student Handbook for additional information.



## HLTAID003 Provide first aid

### Application and Relevance

This course applies to a wide range of settings where first aid emergencies may occur. It is relevant for people working in education, aged and community care, sport, outdoor recreation, travel and tourism, hospitality, industry enterprises as well as in home or other environments.

**Course Currency Status:** current

### Duration

12 hours face-to-face classroom/workplace training and assessment OR

7 hours face-to-face classroom/workplace training and assessment with 4 hours online or workbook pre-work

### Course Content

This course provides the skills and knowledge required to provide first aid response, life support, management of casualty(s), the incident and other first aiders until the arrival of medical or other assistance. Topics include:

- + Assessing an emergency situation
- + Airway and breathing management
- + Cardiopulmonary Resuscitation techniques
- + Automated External Defibrillation
- + First Aid management of the unconscious casualty
- + Medical conditions including cardiac, diabetes & epilepsy
- + Infection control and First Aid for minor wounds
- + Allergic reactions and asthma
- + Control of major external bleeding and shock
- + Management of near drowning
- + Hyperthermia and hypothermia
- + Burns and electric shock
- + Eye and soft tissue injuries
- + Venomous bites and stings
- + Fractures and spinal injuries
- + Head, chest and abdominal injuries
- + Assessment of the sick and injured
- + Communicating details of an incident
- + Debriefing and evaluation of response to critical incidents



### Entry Requirements

There are no prerequisite units. Participants will need the ability to meet the physical demands of providing first aid. Participants will also need oral communication skills to make an accurate verbal report to emergency services and workplace supervisor. Prior to the start of face-to-face practical training, there may be a short knowledge quiz to check language, literacy and numeracy skills, as required.

### Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge. Note that the provision of CPR must be demonstrated on the floor.

### Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

### Further Info

Please refer to the Student Handbook for additional information.

### HLTAID004 Provide an emergency first aid response in an education and care setting

#### Application and Relevance

This course applies to educators and support staff working in education or children's services who are required to respond in the event of a first aid emergency. It incorporates the skills and knowledge required to provide a first aid response to infants, children and adults.

**Course Currency Status:** current

#### Duration

15 hours face-to-face classroom training and assessment OR

8 hours face-to-face classroom training and assessment with 4.5 hours online/workbook pre-work

#### Course Content

This course provides the skills and knowledge required to provide first aid response, life support, management of casualty(s), the incident and other first aiders until the arrival of medical or other assistance.

Topics include:

- + Differences between adults and children for provision of first aid
- + Normal clinical values for children
- + Airway management, including infant airway
- + CPR for adults, children and infants
- + Automated External Defibrillation
- + Medical conditions including diabetes, epilepsy and convulsions
- + Infection control and First Aid for minor wounds
- + Risk management for asthma and anaphylaxis
- + Anaphylaxis emergency response
- + Asthma emergency response
- + Control of major external bleeding and shock
- + Management of near drowning
- + Hyperthermia and hypothermia
- + Burns and electric shock
- + Eye and soft tissue injuries
- + Venomous bites and stings
- + Fractures and spinal injuries
- + Head, chest and abdominal injuries
- + Communicating details of an incident
- + Reporting requirements in education and children's services
- + Debriefing and evaluation of response to critical incidents



#### Entry Requirements

There are no prerequisite units. Participants will need the ability to meet the physical demands of providing first aid. Participants will also need oral communication skills to make an accurate verbal report to emergency services and writing skills to complete incident reports and other first aid management documentation. Prior to the start of face-to-face training, there may be a short knowledge quiz to check language, literacy and numeracy skills, as required.

#### Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge. Note that the provision of CPR must be demonstrated on the floor.

#### Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

#### Further Info

Please refer to the Student Handbook for additional information.